



Slí Árainn Mhór Loop

Slí Árainn Mhór is part of the Árainn Mhór - Ailt an Chorráin Blueway



Slí Árainn Mhór Loop is suitable for walking and cycling



Teach Solais
Árainn Mhór



Talamh Theach
an tSolais



Cnoc an Fhrancaigh

Screig an tSeabhaic

Poll an Mhadaidh

Baile an tSratha
Thuaidh

ÁRAINN MHÓR

An Leadhb Gharbh

Start
Finish



Fál an
Ghabhann

Athphort

Plochóg

Na Goirt Ghearra



Na Clocha Corra



Na Tuartha

14 km / 5 hrs - Moderate

Quiet Country Roads & Bog Roads

A - Old Pier, Leadhb Gharbh

B - Trá an Chaisil Strand

C - Twin Lakes

D - Lighthouse Spur

The Cormorant is a protected species under the Wildlife Act, 1976. Conservation Status: Amber.
Please maintain a healthy distance from birds and their nests.



Trailhead	Old Pier, Leadhb Gharbh, Árainn Mhór Island
Start / Finish Point	Old Pier, Leadhb Gharbh, Árainn Mhór Island
Map / Grid Ref	OS sheet 1/ B638 158 What3Words///nickle.lock.lotus
Services	Limited Services Árainn Mhór: Toilet facilities, Food & Drink Full Services Ailt an Chorráin
Distance / Time	14km / 5hrs
Ascent / Difficulty	400m / Moderate: people with moderate level of fitness
Terrain	Quiet country roads, bog roads
Minimum Gear	Trekking shoes, raingear, snack, drinks & phone

DIRECTIONS TO TRAILHEAD

Árainn Mhór Island can be accessed by ferry (car & passenger) from Ailt an Chorráin-Burtonport, with hourly services operating during the summer months. The crossing takes 20-25 minutes. The walk takes you on tarred road as it circles the island bringing you to the wild and uninhabited interior and western side of the island as well as through the townlands along the southern and eastern sides. There is a spur walk to the remote Lighthouse, marked with purple arrows. Enjoy the superb coastal and island scenery views.

WALK DIRECTION

A - B The Slí Árainn Mhór Loop is marked with green directional arrows.

Starting at the old pier, the walker will reach a T- junction after 100m. Turn left at the junction. Follow the main roadway for 1.5km passing a primary school on the right and further on, the community centre also on your right. When you reach the junction with views of the Church in the distance, turn left. Continue on the road for 550m as it descends towards the sea. At the end of the road turn right.

B - C

Follow the road for 800m, crossing the bridge at the Church, to reach a crossroads where you turn left. The next 3km of roadway runs parallel to the coast before taking a sharp right and climbing steeply across the eastern shoulder of Cnoc na gCarn. Your surroundings now change significantly as you travel in a northerly direction across this isolated section of the island. There are fine views of the west coast on your left – on your right is a mix of sand/stone quarrying and turf cutting by hand. Turn left at the T junction at the twin lakes.

C - D

Continue for 1km and turn left at the T junction. The loop descends to Loch an Chamhánaigh and passes a memorial which marks the islands connection with Beaver Island.

D - A

Shortly after passing the lake, the loop leaves the road and turns right onto a bog road. The bog road crosses Baile an tSraitha mountain before joining the roadway and the beginning of a long descent to the trailhead.

D Lighthouse Spur

The 2 km/40 minute spur to the lighthouse at Rinn Ramhrois Point is marked with purple arrows.



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SPÓRT ÉIREANN
SPORT IRELAND



Leave
No
Trace

This project is funded by
the Department of Rural
and Community Development



Visit: arranmoreisland.ie
Comharchumann Oileán Árainn Mhór

In case of Emergency call 999 or 112

For more information on trails please also see: www.irishtrails.ie, www.discoverireland.ie/walking
www.govisitdonegal.com/walking. Trail contact 0749520533 or coamteo@gmail.com.